



BECOME A LIFEGUARD

Register today for American Red Cross Lifeguard Training at the front desk of the Base Gym. Learn lifesaving skills to help keep people safe in, on and around the water.

Course length: approx. 40-45 hrs

\$100

SWIM TEST: MARCH 6TH FROM 4 - 7 PM AT THE BASE GYM

MARCH COURSE DATES:

16TH 3:30 - 7 PM | 17TH FROM 3:30 - 7 PM | 18TH FROM 3:30 - 7 PM
19TH FROM 3:30 - 7:30 PM | 20TH FROM 3:30 - 6 PM | 21ST FROM 9 AM - 5 PM

SAFETY STARTS WITH US

This course is open to ages 15 years of age and up.

MWR hires ages 16 and above for summer lifeguard positions.

For questions, call (904) 542-2930.



STAY CONNECTED AND FOLLOW US ONLINE
@NASJAXMWR | NavyMWRJacksonville.com

